

THERAPY POOL SCHEDULE

	MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY				SATURDAY				SUNDAY						
	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4		1	2
5:00 AM	OPEN SWIM				OPEN SWIM				OPEN SWIM				OPEN SWIM				OPEN SWIM				POOL CLOSED				POOL CLOSED				5:00 AM		
5:30 AM																													5:30 AM		
6:00 AM																					6:00 AM										
6:30 AM																					6:30 AM										
7:00 AM																					7:00 AM										
7:30 AM																					7:30 AM										
8:00 AM																					8:00 AM										
8:30 AM																					8:30 AM										
9:00 AM	GROUP FITNESS				GROUP FITNESS				GROUP FITNESS				GROUP FITNESS				Swim Lessons				Swim Lessons				9:00 AM						
9:30 AM																									9:30 AM						
10:00 AM	Swim Lessons				Swim Lessons				Swim Lessons				Swim Lessons				Swim Lessons				Swim Lessons				10:00 AM						
10:30 AM																									10:30 AM						
11:00 AM	Swim Lessons				Swim Lessons				Swim Lessons				Swim Lessons				Swim Lessons				Swim Lessons				11:00 AM						
11:30 AM																									11:30 AM						
12:00 PM	Swim Lessons				Swim Lessons				Swim Lessons				Swim Lessons				Swim Lessons				Swim Lessons				12:00 PM						
12:30 PM																									12:30 PM						
1:00 PM	Swim Lessons				Swim Lessons				Swim Lessons				Swim Lessons				Swim Lessons				Swim Lessons				1:00 PM						
1:30 PM																									1:30 PM						
2:00 PM	Swim Lessons				Swim Lessons				Swim Lessons				Swim Lessons				Swim Lessons				Swim Lessons				2:00 PM						
2:30 PM																									2:30 PM						
3:00 PM	Swim Lessons				Swim Lessons				Swim Lessons				Swim Lessons				Swim Lessons				Swim Lessons				3:00 PM						
3:30 PM																									3:30 PM						
4:00 PM	Swim Lessons				Swim Lessons				Swim Lessons				Swim Lessons				Swim Lessons				Swim Lessons				4:00 PM						
4:30 PM																									4:30 PM						
5:00 PM	Swim Lessons				Swim Lessons				Swim Lessons				Swim Lessons				Swim Lessons				Swim Lessons				5:00 PM						
5:30 PM																									5:30 PM						
6:00 PM	Swim Lessons				Swim Lessons				Swim Lessons				Swim Lessons				Swim Lessons				Swim Lessons				6:00 PM						
6:30 PM																									6:30 PM						
7:00 PM	Swim Lessons				Swim Lessons				Swim Lessons				Swim Lessons				Swim Lessons				Swim Lessons				7:00 PM						
7:30 PM																									7:30 PM						
8:00 PM	Swim Lessons				Swim Lessons				Swim Lessons				Swim Lessons				Swim Lessons				Swim Lessons				8:00 PM						
8:30 PM																									8:30 PM						
9:00 PM	Swim Lessons				Swim Lessons				Swim Lessons				Swim Lessons				Swim Lessons				Swim Lessons				9:00 PM						
9:30 PM																									9:30 PM						
10:00 PM	Swim Lessons				Swim Lessons				Swim Lessons				Swim Lessons				Swim Lessons				Swim Lessons				10:00 PM						
10:30 PM																									10:30 PM						



GUIDELINES

The scheduled group has preference however, members or lessons may also utilize pool at other times.

Children ages 5-17 may only utilize the Therapy Pool during Family Swim hours:
5:30 - 9PM on Friday; 4:00 - 9:00 PM on Saturday and Sunday.

Children ages 4 & under may utilize the Therapy Pool if accompanied by an adult, and are not hindering therapy, or swim lessons. Adult must be in the water with the child.

If there are Swim Lessons taking place in the Therapy Pool the jets may not be turned on.

Therapy Pool is restricted to therapy use and scheduled programs only.
Members may utilize the pool if space allows.

Lap Swimmers must share lanes. For 2 swimmers, split the lane; for 3 or more, circle swimming must be followed.

Schedule subject to change Private lessons may utilize lanes as long as there are still 1 lap lanes open for members to use