

THERAPY POOL SCHEDULE

	Monday	Tuesday	Wednesday	Thursday		Friday	Saturday	Sunday		
5:00am	5:00-8:00am Member Use	5:00-9:15am Member Use	5:00-8:00am Member Use	5:00-9:15am Member Use		5:00-8:00am Member Use	CLOSED			
5:30am										
6:00am										
6:30am										
7:00am										
7:30am										
8:00am	8:00-9:00am Hydro		8:00-9:00am Hydro Therapy		8:00-9:00am Lifeguard					
8:30am										
9:00am	9:00-10:00am AquaHab	9:15-11:00am Lessons	9:00-10:00am AquaHab	9:15-11:00am Lessons		9:00-10:00am AquaHab				
9:30am										
10:00am	10:00-10:30am Member Use				10:00-10:30am Member Use		10:00-10:30am Member Use	8:00am-1:00pm Lessons	8:00am-1:00pm Lessons	
10:30am	10:30-1:45pm Group Fitness									
11:00am		11:00am-12:00pm AquaHab		11:00am-12:00pm AquaHab						
11:30am			10:30-1:45pm Group Fitness		10:30am-1:00pm Group Fitness					
12:00pm										
12:30pm										
1:00pm		12:00-4:00pm Member Use		12:00-4:00pm Member Use		1:00-2:00pm AquaHab	1:00-4:00pm Member Use	1:00-4:00pm Member Use		
1:30pm										
2:00pm	2:00-3:00pm AquaHab				2:00-3:00pm AquaHab					
2:30pm										
3:00pm	3:00-4:00pm Member		3:00-4:00pm Member Use							
3:30pm										
4:00pm	4:00-7:00pm Lessons	4:00-7:00pm Lessons	4:00-7:00pm Lessons		4:00-7:00pm Lessons	2:00-6:00pm Member Use	4:00-10:00pm Family Swim	4:00-10:00pm Family Swim		
4:30pm										
5:00pm										
5:30pm										
6:00pm										
6:30pm										
7:00pm	7:00-8:00pm AquaHab	7:00-10:30pm Member Use	7:00-8:00pm AquaHab	7:30-10:30pm Member Use		6:00-10:00pm Family Swim				
7:30pm										
8:00pm	8:00-10:30pm Member Use									
8:30pm										
9:00pm										
9:30pm										
10:00pm										

- The scheduled group has preference however, members or lessons may also utilize pool at other times.
- Member use is for members 16 years and older or children five and under when accompanied by an adult in the pool.
 - Children ages 5 & under may use the therapy pool at any time WITH an adult
 - During Member Use/Family Swim time, the jets may be used at discretion
- While AquaHab is using the therapy pool, there will be no family swim, lessons or therapy use