

THERAPY POOL SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday				
5:00 am	5:00 am - 8:00 am Member Use*	5:00 am - 10:20 am Member Use*	5:00 am - 8:00 am Member Use*	5:00 am - 10:20 am Member Use*	5:00 am - 8:00 am Member Use*	CLOSED					
5:30 am											
6:00 am											
6:30 am										6:00 am - 8:30 am Member Use*	6:00 am - 8:30 am Member Use*
7:00 am											
7:30 am											
8:00 am	8:00 am - 9:00 am Hydro Therapy		8:00 am - 9:00 am Hydro Therapy		8:00 am - 9:00 am Hydro Therapy	8:30 am - 2:00 pm Swim Lessons	8:30 am - 2:00 pm Swim Lessons				
8:30 am											
9:00 am	9:00 am - 10:00 am AquaHab		9:00 am - 10:00 am AquaHab		9:00 am - 10:00 am AquaHab						
9:30 am											
10:00 am	10:00 am - 10:30 am Member Use*	10:20 am - 10:30 am Stretch & Tone	10:00 am - 10:30 am Member Use*	10:20 am - 10:30 am Stretch & Tone	10:20 am - 10:30 am Stretch & Tone						
10:30 am	10:30 am - 11:15 am Poolates	10:30 am - 11:00 am Member Use*	10:30 am - 11:15 am Poolates	10:30 am - 11:00 am Member Use*	10:30 am - 11:15 am Poolates						
11:00 am		11:00 am - 12:00 pm AquaHab		11:00 am - 12:00 pm AquaHab							
11:30 am	11:30 am - 12:30 pm Aqua Arthritis		11:30 am - 12:30 pm Aqua Arthritis		11:30 am - 12:30 pm Aqua Arthritis						
12:00 pm											
12:30 pm	12:30 am - 1:30 pm Aqua Arthritis	12:30 pm - 4:00 pm Member Use*	12:30 am - 1:30 pm Aqua Arthritis	12:15 pm - 2:45 pm Swim Lessons							
1:00 pm	1:30 pm - 2:00 pm Member Use*		1:30 pm - 2:00 pm Member Use*		1:00 pm - 2:00 pm AquaHab						
1:30 pm											
2:00 pm	2:00 pm - 3:00 pm AquaHab		2:00 pm - 3:00 pm AquaHab								
2:30 pm											
3:00 pm	3:00 pm - 4:00 pm Member Use*		3:00 pm - 4:00 pm Member Use*	2:45 pm - 4:15 pm Member Use*	2:00 pm - 6:00 pm Member Use*	2:00 pm - 4:00 pm Member Use*	2:00 pm - 4:00 pm Member Use*				
3:30 pm											
4:00 pm	4:00 pm - 7:00 pm Swim Lessons	4:00 pm - 7:00 pm Swim Lessons	4:00 pm - 7:00 pm Swim Lessons	4:00 pm - 7:00 pm Swim Lessons							
4:30 pm											
5:00 pm											
5:30 pm											
6:00 pm											
6:30 pm											
7:00 pm	7:00 pm - 8:00 pm AquaHab	7:00 pm - 8:00 pm Aqua Zumba	7:00 pm - 8:00 pm AquaHab	7:00 pm - 8:00 pm Aqua Muscles	6:00 pm - 10:00 pm Family Swim**	4:00 pm - 10:00 pm Family Swim**	4:00 pm - 10:00 pm Family Swim**				
7:30 pm											
8:00 pm	8:00 pm - 10:30 pm Member Use*	8:00 pm - 10:30 pm Member Use*	8:00 pm - 10:30 pm Member Use*	8:00 pm - 10:30 pm Member Use*							
8:30 pm											
9:00 pm											
9:30 pm											
10:00 pm											
10:30 pm											

- During Member Use there may be private lessons in the pool
- Children ages 6 to 15 may only use the Therapy Pool during Family swim
- Children ages 5 & under may use the therapy pool at any time WITH an adult
- While AquaHab is using the therapy pool, there will be no family swim, lessons or therapy use
 - During member use/family swim time, the jets may be used at discretion