

# Parent Handbook 2018



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Welcome Parents,

Welcome to Camp NAC. We're glad that you've chosen to spend some memorable moments with us this summer. We look forward to providing an exciting summer, filled with tremendous summertime experiences that only Camp NAC can offer. Each summer program is especially designed to offer opportunities for young people to try new things, learn, grow and make friendships that last forever. Additionally, the NAC offers a healthy, safe and fun environment where positive interaction with peers and adults help build strong character. A NAC summer can make an impression that lasts a lifetime! Whether you are new to Camp NAC or a seasoned camper, we are pleased to welcome you to our 2018 camp program.

This handbook has been created as a reference guide for both parents and children. It contains vital information and policies about our summer program. Your child's safety is a top priority and we take this responsibility very seriously. Please take time with your child to read and review the entire handbook. If you have any questions or comments, please call the camp director at 215 - 968- 0600 ext. 155.

### **Meet Our Leadership Team!**



Hello, my name is Amanda Brown and I am the Camp Director at the Newtown Athletic Club. Throughout the past twelve years, the NAC has become like a second home to me. I graduated from Temple University with a degree in Early Childhood Education. My passion for children has allowed me to take advantage of many different opportunities within the NAC community. My goal as your camp director is to provide each camper with a unique and unforgettable experience to truly live up to our motto of "Making Summer Better!"



Hi! My name is Liz Wedekind and I am the Youth Marketing Coordinator at the Newtown Athletic Club. I graduated with a degree in Business Administration and a concentration in Marketing from Elizabethtown College where I also ran both Cross Country and Track. This will be my second year working with both Camp NAC and NAC Youth Programs where I ensure each child has the best possible experience each day. I love getting the opportunity to connect with wonderful families & implement creative ideas to keep Camp NAC as the Best Camp In Bucks County!



Hello my name is Ryan Kmiec and I am excited to be entering my first year as Assistant Camp Director at Camp NAC. This will be my 10th year working in summer camps where I have held many different positions. I graduated from Rowan University in 2014 where I earned my degree in K-12 Health and Physical Education. I also played baseball at Mercer County Community College in New Jersey prior to that. My experiences working with children stems from working as a teacher, a camp counselor and as a coach. My favorite part about all the jobs I have held involving kids, is the smile that they have once I help them. That is what drives me as a teacher and coach and what I looked forward to the most working at camp! I have worked with all children from all different backgrounds and can't wait to meet some new campers this summer at Camp NAC!



Hi! My name is Alyssa Jett and I will be your Teen camp manager! This will be my fourth year at Camp NAC and I could not be more excited for another fun-filled summer. I am a Middle Grade Education major with years of experience working with young teens. I can't wait to teach the up and coming leaders in training about life skills they can use throughout all daily activities!



Hi, my name is Laney Coull and I will be a Specialty Camp manager for this camp season! This will be my second summer at Camp NAC, and I cannot wait to see all of the returning campers as well as meet the ones joining us for the first time! I graduated Penn State with a degree in Early Childhood Education (PreK-4) this past year, and I will be pursuing my Master's Degree in Special Education. I can't wait for a summer filled with fun camp themes, Superhero camp being one of my favorites, and plenty of camp activities!

Hello, my name is Jen Waring and I am the sports camp manager! I am currently studying Early Childhood Education at Bloomsburg University. I did gymnastics for 12 years and love to be involved with all sports! I am excited to have so much fun with all of you!

**Camp NAC Mission:** Our goal here at Camp NAC extends beyond a typical camp day. We strive to provide all campers with a safe environment in which they can grow as an individual and develop the skills to create life-long friendships.

**Camp Hours**

- Full Day Camps 9:00am - 3:00pm
- Specialty 3-5 Year Camps 9:00am - 11:30am
- Before Care 7:00am - 9:00am
- Mid Day Care 11:30am - 3:00pm
- Lunch Bunch 11:30am - 1:00pm
- Swim Lessons 3:00pm - 4:30pm
- Parisi Speed School 3:00pm - 4:30pm
- After Care 3:00pm - 6:00pm

**Camp Sessions and Dates:**

Camp Week	Dates	Camp Week	Dates
1	June 4 - June 8	7	July 16 - July 20
2	June 11- June 15	8	July 23 - July 27

3	June 18 - June 22		9	July 30 - August 3
4	June 25 - June 29		10	August 6 - August 10
5	July 2 - July 6		11	August 13 - August 17
6	July 9 - July 13		12	August 20 - August 24

**\*\* No camp July 4th**

### **Arrival and Departure of Campers:**

120 Pheasant Run, Newtown PA 18940 - NAC Sports Training Center

#### **(NSTC) Arrival:**

Campers can arrive as early as 8:45am. Anyone arriving before 8:45am will be charged for Before Care. Parents checking in their child for Before Care or at any other time past 9:15am must park and walk their child in through the FRONT entrance of the NSTC.

Parents checking in between 8:45am - 9:15am should utilize our express drop off system at the SIDE of the NSTC. To do so, one should pull up to our stop sign with their camper. At 8:45am parents will be directed to our drop off zones where a counselor will escort your child out of the car and into the building. Parents may forgo this option, park and walk their child in as they choose.

#### **Check Out:**

*Check out begins at 11:30am for Specialty 3-5 Year camps, 1:00pm for Lunch Bunch, and at 3:00pm for Mid Day Care and Full Day camps.*

Specialty 3-5 Year & Lunch Bunch Check Out: Parents picking up their child should pull up in the FRONT of the NSTC and their child will be brought to them upon pick up password confirmation.

Full Day Camp Check Out: Parents picking up their child from full day camps should pull up to the SIDE of NSTC (the same location as check in) and their child will be brought to them upon pick up password confirmation. Pick up starts NO EARLIER than 2:45pm. You may not begin to line up for express pick up any earlier. Parents wishing to pick up their child earlier than 2:45pm should write a note to their counselor and walk in for pick up at the desired time.

After Care Check Out, Parisi and Swim Lessons: Parents picking up their child from After Care or Swim Lessons should park and walk in the FRONT of NSTC.

**PICK UP PASSWORDS (which are created upon registering), MUST BE KNOWN AT TIME OF CHECK-OUT IN ORDER FOR YOUR CHILD TO BE RELEASED.**

Early Pick Up: If your camper is going to be picked up early from camp, please write a note in the morning and give it to his or her camp counselor so your child will be ready for you upon your arrival.

Late Arrival: If you are arriving late to camp, please enter the NSTC from the front door where your camper will be assisted to their camp. If your child is late on Monday, you must call and place their lunch order by 9:30 AM.

Before Care and After Care: Before and After Care drop off and pick up is in the NSTC lobby.

### **Children at Risk**

Parents who arrive at Camp NAC in an incapacitated condition (i.e. alcohol, drugs) present a risk to their child. The staff in charge will advise the parent of their options regarding the transportation of their child to his/her home. Some options that may be exercised are:

- Call another person on the child's emergency contact list
- Call the other parent
- Call a taxi
- Call a nearby neighbor / friend

If a reasonable conclusion cannot be reached, the parent will be advised that either Child Protective Services or the Police will be called.

### **Wristbands**

Your child's wristband needs to be worn at all times while they are participating in a camp program. The wristbands are used for identification and security purposes.

### **Babysitting**

Employees of the NAC are permitted to babysit for campers at their own discretion. Babysitting must take place off Camp NAC grounds. Camp NAC has no responsibilities for any parties who wish to take part in these activities.

### **Camp Attire**

Please remember to dress your child appropriately for camp. Most of our camps use discovery and play as a major part of our camp program, thus we encourage you to dress your child in clothing that you do not mind getting dirty or stained with art materials in the course of your child engaging in a fun activity. Here are some other reminders for clothes at camp:

- T-Shirts
- Shorts (No skirts, girls!)
- Socks
- Tennis Shoes
- LABEL EVERYTHING!!

### **Potty Training**

All campers must be fully potty trained in order to attend Camp NAC. Any campers who still use diapers or pull ups will not be permitted in camp.

### **Communication**

On the Thursday prior to your camp week, you will receive important information via email regarding schedules, field trips, special events, etc. Please read all information carefully and save it for future reference. Also please check our website for information about your child's camp at [www.campnac.com](http://www.campnac.com) Please continue to check your camper's bags every day for notes from your child's counselor and communication reports.

### **Disabilities**

In order for Camp NAC to provide the best day camp experience for your child, we ask that prior to registration, you consult with the camp directors regarding any special needs of your child. Due to the fact that there are some medical treatments and procedures that legally Camp NAC staff is not qualified to perform, children will be enrolled on an individual basis. We will make every attempt to serve all children. Please make sure to note any disabilities in your child's health form through the Camp Minder Parent Portal.

### **Behavior Expectations**

Good behavior will be encouraged in a positive manner. Please provide accurate behavior information in your camper's health history form which can be filled out through the Camp Minder Parent Portal.

The staff will work cooperatively with parents, keeping them informed of behavior

problems and methods used to teach and guide them toward socially acceptable behavior. Items that are forbidden at camp (phones, tablets, etc.) will be confiscated by the Camp NAC management team and parents will have to pick up at the end of the day.

If your child has been receiving assistance in behavior management during the school year, it is imperative that this information be shared with the camp staff. This will enable us to work more effectively and productively with your child.

### **Behavior Code of Conduct**

Camp NAC is interested in the welfare of all children. Participants in Camp NAC programs are expected to follow the rules of the program and obey the direction of staff, whether paid or volunteer, and other adults in supervisory positions. A child's failure and inability to follow rules and obey directions may cause a serious discipline problem. A serious discipline problem may also occur when a child hampers the smooth flow of the program by requiring constant one-on-one attention, inflicts physical or emotional harm on other children, abuses staff and adults, or is otherwise unable to conform to the rules and guidelines of the program. Kicking, biting, abusive behavior towards others, name-calling, unwanted displays of affection, and inappropriate language are examples of such unacceptable behavior.

If a child becomes a serious discipline problem, staff will notify a parent of the situation, and discuss a solution. If improvement does not occur or a solution cannot be determined, staff may recommend that the child be dismissed from the program. Staff will discuss the dismissal procedure with a guardian, should a serious discipline problem occur. However, acceptance into the program is conditioned on the above policy and the right to dismiss a child from the program as outlined above.

All summer program registrants are expected to follow the rules of the program and obey the direction of the summer program leaders and other adults in supervisory positions. When a child's behavior creates a discipline problem as described in the above Discipline and Dismissal Policy, the following procedures shall be followed:

1. The child shall be separated from the problem activity or situation. Staff shall help the child rejoin the group when they are ready.
2. Staff shall listen to the child and discuss the consequences of further misbehavior.
3. Repeated misbehavior shall be handled through conversations with a parent.
4. The parent, child, and staff shall agree to a plan that improves behavior.
5. If improvement does not occur or a solution cannot be determined, staff may recommend that the child be dismissed from the program. (There are no refunds if

your child is dismissed from the program.)

### **Behavioral Guidance**

In order to promote your child's physical, intellectual, emotional, and social well-being and growth, staff shall interact with the child and one another to provide needed help, comfort, support and:

- Respect personal privacy
- Respect differences in cultural, ethnic, and family backgrounds
- Encourage decision making abilities
- Promote ways of getting along
- Encourage independence and self-direction
- Use consistency in applying expectations

Behavioral guidance will be constructive in nature, age and stage appropriate, and will be intended to redirect children to appropriate behavior and resolve conflicts. Parents will be notified when persistent behavioral problems are identified and will include any disciplinary steps taken in response.

### **Enrollment/ Withdrawal and Payment Policies**

#### **Cancellation policy**

The NAC reserves the right to cancel or change program schedules due to low enrollment. Participants who cancel 24 hours prior to the start of the day may submit a Camp Credit Voucher request, which is subject to a \$20 processing fee. All credits will also be less a \$50 non-refundable deposit per week and the non-refundable registration fee. **Refunds will not be given at any time for programs cancelled by participants.**

#### **Transfer policy**

Any participant wanting to transfer camp weeks or camp programs must do so before April 30th. Any transfers after April 30th are subject to a \$20 processing fee.

#### **Evaluations**

The NAC Summer Camp program is always looking for feedback from the parents to further improve our camp program. We will be distributing evaluations to parents over the course of the summer via email. We ask that you do your best to complete the survey. Parental assessment of the camp's strengths and weaknesses will aid in the improvement of camp programs and in the facilitation of new ideas. Parents are invited to give regular assessments of the camp program to the site director at any

time.

### Field Trips

Camp NACster will attend field trips, most Wednesdays of the summer and our Teen Program will attend trips Wednesday and Fridays\*. In order to attend the trip, parents must fill out the Online permission slip prior to departure. Field trips are optional and at an additional cost (Camper's choosing to not attend will follow a regularly scheduled camp day at NSTC). **If your child will not be attending the field trip, you must let Camp NAC know by 6pm on the Monday of that week.** Please pack your child a brown bagged lunch, labeled with their name on this day (unless you are part of our lunch program, then lunch will be provided). On trip days, please provide extra snacks and drinks. In case of rain or a heat warning, a field trip may be changed or canceled.<sup>1</sup>

\*Teen Program parents please check the activity calendar as some trips have late arrivals back to camp.

### Bussing Information

#### Bus Stop Locations:

- Doylestown Acme Shopping Center: 480 N Main St. Doylestown, PA 18901
- Camp NAC: 120 Pheasant Run, Newtown PA 18940 (215-944-8860)

#### Arrival & Departure:

- Morning
  - 8:30am Pick up at Acme Doylestown Shopping Center
  - 9:00am Drop off at the Camp NAC
- Afternoon
  - 3:00pm pick up at the Camp NAC
  - 3:30pm drop off at Acme Doylestown Shopping Center

#### Weeks offered: Week 3 through Week 12

- June 18 - 22
- June 25 - 29
- July 2-6
- July 9 - 13
- July 16-20
- July 23 - 27
- July 30 - Aug 3
- August 6 - 10

- August 13 - 17
- August 20 - 24

Cost: \$100 per week per child for transportation both directions

Safety and Procedures:

- Bus Rules
  - Vehicles have a capacity of 54 passengers per bus
  - All passengers must remain seated while the vehicle is moving
  - A list of all passengers on the bus must be readily available at all times
  - On Monday of each week the bus driver and bus counselor will go over emergency plans with all campers.
- Pick up - all guardians must verify their pick up password with the bus counselor prior to having the child released. Children will not be released without a parent or guardian unless a child is 12 years old or older and a waiver is signed.

Emergencies:

- If you are running late to pick up your child please call the camp office at 215-944-0600. Guardians who are not at the location by 3:30 each day will be charged a late pick up fee of \$1 per minute.
- Any parent that is more than 15 minutes late will have their camper taken back to the Camp NAC Facility, billed for the lateness, bussing cost, and after care.
- In the event of a bus emergency the Camp Director will be contact and then he/she will contact the parents via phone and email. Also please check our Facebook for updates regarding bussing.

Bus Company Information:

- Rick Bus Company
- Phone Number: 609-392-7550
- Address: 620 Pear Street, Trenton, NJ 08648

**Lost and Found**

We do have a lost and found area at each camp. It is highly recommended that you label all items (clothing, towels, lunch boxes, water bottles, etc.) with your child's name. While we make every effort to keep all campers' belongings in their backpack or on their person, the NAC will not be held responsible for lost or stolen items. At the end of the summer, we will display the found items and then take any remaining items to Goodwill. Please make a quick check of your child's backpack at the end of the camp day before leaving. Lost items are much easier to recover on the same day they are lost.

Please do not bring the following to camp:

- Any electronic games / devices (including, but not limited to: Gameboys, PSPs, iPods, CD Players, etc.)
- Money
- Cell phones
- Trading Cards (e.g., Pokémon, Yu Gi Oh)
- Guns, knives or weapons of any sort - fake or real
- Valuable items

### **Lunches and Snacks**

All campers should bring a non-perishable lunch and a beverage to camp daily unless you have purchased the lunch package upon signing up for Camp NAC. Please pack a healthy, low sugar and balanced meal, no soda please! Do not send food or drinks in glass containers. Lunches will not be refrigerated; therefore, we ask that you send lunches that do not contain food items that will spoil if not kept cold. Freezing lunches and juice the day before and/or inserting a cold pack in the lunch container will help preserve the food. Please mark all lunches (and all containers inside lunches) with the camper's first and last name. A marker and masking tape for labeling lunches will be available at the sign-in desk and in the camp location.

Please do not provide your camper with food that will need heating or to be microwaved. Camp staff is not responsible for food preparation or pre-heating meals.

We will have 2 snack periods daily. Please send extra food for these times as well as a water bottle. Campers will be given a complimentary morning snack but you must pack one for campers who are signed up for After Care.

**Camp NAC is a NUT- FREE ZONE.** We ask that you do not provide lunch or snacks that contain nuts, nut butters or other nut products (this includes Nutella) at camp to ensure the safety of all children. Please note that if your child brings a lunch or snack that contains nuts or nut products, staff will contact the parent or guardian and ask you to replace the lunch. If you pack a lunch containing soy butter or sunflower butter, please label the item(s) so that counselors can easily identify the food.

Your understanding and support in helping us to provide a **NUT- FREE ZONE** is greatly appreciated. Camp NAC continues to work toward an inclusive environment

that supports and acknowledges the right of each person to be fully included in all activities that occur in our programs.

### Purchased Lunch Program

The Lunch Program was designed by the NAC's Registered Dietitian and management team to make a nice healthy lunch for your child. Each day campers receive a well-balanced meal, including a lean protein, whole grain or healthy starch, fruit or vegetable, beverage and dessert. All campers who purchase lunch must give their lunch order to their counselors upon arrival. Lunch is a **weekly program**. If a camper wishes to buy lunch, he or she must be signed up for the entire week of camp. Lunches will not be offered on a daily basis

## LUNCH PACKAGE



Save the hassle of packing lunch with our awesome lunch package, provided by Escape Restaurant at the NAC.

This package is available on a weekly basis for our campers. Each day, campers will receive a daily entrée, fruit, side, dessert and beverage with the lunch package.

Drinks include 100% Juice Box or Milk. Dessert includes Frozen Fruit Pop.



DAILY MENU	
MONDAY	Chicken Strips Antibiotic and Hormone-free
TUESDAY	Organic Mac & Cheese Elbow Macaroni with Cheddar Cheese
WEDNESDAY	Turkey & Cheese or Ham & Cheese Nitrate-free, No Additives, Whole Wheat Bread
THURSDAY	SPECIALS Weeks 1, 5 & 9: Chicken Patty Antibiotic and Hormone-free Weeks 2, 6 & 10: Tacos Ground Turkey Weeks 3, 7 & 11: Burgers Antibiotic and Hormone-free, Whole Wheat Bun Weeks 4, 8 & 12: Chicken Quesadilla Whole Wheat Wrap
FRIDAY	Pizza Whole Wheat Dough, Low Fat Cheese and Tomato Sauce with No Added Sugar
ALTERNATE OPTIONS	Sunflower Butter & Real Fruit Spread Whole Wheat Bread -OR- Turkey Hot Dog Whole Wheat Bun



## **Special Diets**

Camp NAC must be made aware of any child who requires a special diet due to medical or religious reasons. Please provide this info on your child's health form, filled out through the Camp Minder Parent Portal.

## **Illness**

In the case that your child becomes ill during the program, you will be contacted as soon as possible. If the parent or guardian is unable to be reached, the child's emergency contact will be notified. It is the responsibility of the parents to arrange for the child to be picked up from Camp NAC as soon as possible.

## **Accidents/Emergencies**

All precautions will be taken to prevent serious health risks to all campers.

In the event that a minor injury occurs, First Aid will be administered at the camp location by the camp staff. The following procedures will be followed:

- First Aid will be provided and the incident recorded in the camp log.
- The child will periodically be observed after First Aid has been applied.

In the event of a medical emergency, immediate action will be taken by the staff as per your orders on the camp registration form and policies and waivers. Please be sure to keep these forms updated at all times. If parents or other responsible adults are unable to be reached, the child will be taken to the nearest hospital for any necessary treatment.

In general, in the event that a major injury or health problem arise and professional medical care is required, the following steps will be taken:

- Immediate First Aid will be administered by the camp staff person until professional services arrive.
- 911 will be called.
- You will be contacted. If you cannot be reached, the emergency contact person will be notified.
- A staff person will accompany your child to the hospital and remain until you or your emergency contact person arrives.
- The incident will be described in writing on the Camp NAC incident report.

Emergency information is very important for us to provide the safest possible environment for your children.

\*\*\* Please notify us right away when there is a new work or home phone number, or if you have moved and have a new address. If your child is sick or injured, it is important for us to be able to contact you right away. Please keep these accurate at all times.

The NAC does not incur the cost of medical treatment and it is imperative that you indicate on your child's health history / registration form (filled out through Camp Minder Parent Portal) what type of health insurance you carry.

### **Emergency Plan**

Each camp site will have a site-specific emergency plan including an assembly area program, facility evacuation plan, notification (sounding of alarms) system, shelter-in-place plan, locations of fire extinguishers and first aid kits, etc. Staff have been trained and are expected to be well-versed in emergency procedures. The NAC summer camp sites' emergency plans are available for parents to read. Please see the camp director for a copy of this plan.

The following are general procedures for the NAC Summer Camps in case of emergencies:

- Shelter-in-Place: In the event of an emergency that requires an on-site shelter-in-place, campers, members, and staff will assemble in the designated area on site (please refer to site-specific plans for actual locations).
- Facility Evacuation (in case of fire, or other emergency): In the event of an emergency requiring facility evacuation, campers and staff will exit the building through the nearest exit, and meet at pre-determined assembly areas. Camp staff will take roll of campers in their groups, counselors will take a total count to assure that all children have left the building safely, directors are responsible for medication, first aid kits and evacuation kits.
- Chemical / Biological / Terrorist Emergency Plan: In the event of any of these emergencies, campers and staff are required to relocate to the on-site shelter in place location. Once there, no one (including parents and children) will be allowed to enter or exit the building until there is further notification from a camp director.
- Severe Inclement Weather: In the case of severe inclement weather campers will meet at their designated camp area. All campers will remain in their groups until the weather passes or the parents pick the camper up.

## Medication Policy

Our medication policy is primarily established to accommodate the administration of medication(s) commonly prescribed by physicians for the treatment of short-term illnesses. Prescription and "over-the-counter" medications will not be dispensed without written consent from the child's parent.

- Keep all medication in the original container with the prescription label / direction label attached. Medication must be labeled with the child's name, the name of medication, the dosage amount, and the time(s) to be given.
- Hand all medication (including inhalers, etc.) to the camp manager. Campers are not allowed to keep medications on their person, in their backpacks or lunch bags.
- All medications will be locked up and given to your child at the prescribed time.
- All medication must be picked up on Friday when your child leaves camp at the end of every week. If you would like to keep the medication at camp for an extended period, you must fill out the Medication Consent Form.

## Sunscreen

Parents or legal guardians will be responsible for applying the first layer of sunscreen prior to arrival at camp. Parents or Guardians are responsible for providing enough sunscreen for the entire day. Please, one bottle per camper. Spray on sunscreen would be appreciated because it is the easiest and quickest to apply. For campers who are fair skinned and tend to burn easily we recommend an extra tee-shirt brought to wear in the water for extra protection. Hats are also recommended.

## Allergies

Please make sure your child's allergies as well as how they react are updated in the health history form (This was filled out through the Camp Minder Parent Portal). Please provide all necessary medication in case of an allergic reaction.

## Child Abuse

As camp professionals serving *in loco parentis*, we are required by law to call the proper authorities when allegations of abuse are revealed. Child abuse in Pennsylvania is defined as:

- Any recent act or failure to act which causes non-accidental serious physical injury (defined as an injury that either causes the "child

severe pain" or "significantly impairs the child's physical functioning, either temporarily or permanently")

- An act or failure to act which causes non-accidental serious mental, injury or sexual abuse or sexual exploitation;
- Any recent act, failure to act or series of such acts or failures to act which creates an imminent risk of serious physical injury, sexual abuse or sexual exploitation;
- Serious physical neglect which endangers a child's life or development or impairs a child's functioning.

### **Parent Participation**

You are always welcome in the program either on an on-going or isolated basis to share special interests or expertise. Please contact the camp office to volunteer your services or schedule a visiting appointment. Parents **must** schedule visits with the camp office if they would like to see their child during the camp day.

### **Special Events & Birthdays**

Special food treats may be brought in for holidays, special events or birthdays. Arrangements should be made ahead of time with the camp director. If sending in store bought items, please send unopened packages. All items must include a list of ingredients that they contain for the safety of all of our campers. Please remember to make sure all items are NUT-FREE.

### **Staff**

Camp NAC strives to hire a highly qualified, well-trained staff to conduct all childcare programs. The summer camp staff is comprised primarily of college students, recent graduates, school teachers, and our professional Camp NAC childcare staff. The day camp staff members are innovative and creative individuals who love working with children. All staff meet requirements set forth by the State, County and NAC, as applicable. NAC staff members participate in planned training and education process to further their skills in child development and recreation. The camper to staff ratio is determined by the camper's age as well as their behavior history.

### **Swimming**

If your child is in a full day camp please, send your child to camp with a swimsuit EVERYDAY. No other camps will participate in swimming.

Children will be swim tested at the beginning of each session and grouped accordingly. Day camp staff, as well as certified lifeguards, will supervise all pool times.

Campers who do not pass the swim test will be provided with a floatation device which they must wear during their time in the pool complex. Campers who do not wish to wear the device will not be permitted to swim.

#### Pool Information:

Campers will have access to the zero entry pool (highest depth 4.5ft), 2-25ft slides (48 inch height requirement), splash pad, and the lazy river.

### **Teen Program**

All teen campers must have a signed permission slip in order to come and leave camp on their own. Teen campers with this permission slip may walk themselves into the building at 9am and exit at 3pm. Teen Program campers may not take younger siblings with them when they exit/enter the premise. Campers may not carry cell phones on them during the camp day.

### **Tax ID Information**

# 23-203-9663

### **Weather**

Outdoor play is an important part of our daily camp schedule. Parents are asked to dress their children appropriately for the weather conditions. A light sweater or jacket may be needed in the mornings.

During periods of extreme heat, the camp staff will scale down the physical camp activities. Campers will not be able to be outside for more than 15-20 minutes at a time. Indoor facilities will be utilized by programming more crafts and low-activity events or activities. The staff will take children inside to increase their water intake on these days. All precautions will be taken to prevent heat related injuries during these times.

## **Parent Orientation**

Camp NAC orientation will take place on the dates listed below. Orientation is not mandatory but recommended to all parents. Managers from all of our camps will be in attendance to answer any questions you may have and go over specific information about each of our programs.

Parent orientation will be held June 1<sup>st</sup> at 7:00 pm and June 10<sup>th</sup> at 1:00 pm. Please feel free to attend either date to learn more specifics about your child's camp program. Check out our Facebook, Instagram or website for the location of orientation as the date approaches.

## **Follow us on social media!**

**Website:** [www.campnac.com](http://www.campnac.com)

**Facebook:** **Camp NAC**

**Instagram:** **Camp\_NAC**