

LAP POOL SCHEDULE

	MONDAY					TUESDAY					WEDNESDAY					THURSDAY					FRIDAY					SATURDAY					SUNDAY										
	Lane 5	Lane 4	Lane 3	Lane 2	Lane 1	Lane 5	Lane 4	Lane 3	Lane 2	Lane 1	Lane 5	Lane 4	Lane 3	Lane 2	Lane 1	Lane 5	Lane 4	Lane 3	Lane 2	Lane 1	Lane 5	Lane 4	Lane 3	Lane 2	Lane 1	Lane 5	Lane 4	Lane 3	Lane 2	Lane 1	Lane 5	Lane 4	Lane 3	Lane 2	Lane 1						
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**ALL BLUE
IS OPEN
SWIM**

**IF LAP SWIMMING
PLEASE SHARE LANE.**

Schedule subject to change
Private lessons may utilize lanes as long as there are still 2 lap lanes open for members to use.

Class' will be in the outdoor pool unless inclement weather.

THERAPY POOL SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am	5:00-8:00am Member Use	5:00-9:15am Member Use	5:00-8:00am Member Use	5:00-9:15am Member Use	5:00-8:00am Member Use	CLOSED	
5:30am							
6:00am							
6:30am						6:30-9:00am Member Use	6:30-9:00am Member Use
7:00am							
7:30am							
8:00am	8:00-9:00am HydroTherapy		8:00-9:00am HydroTherapy				
8:30am							
9:00am	9:00-10:00am AquaHab	9:15-11:00am Lessons	9:00-10:00am AquaHab	9:15-11:00am Lessons	9:00-10:00am AquaHab		
9:30am							
10:00am	10:15-11:45am Lessons	11:00am- 12:00pm AquaHab	10:15-11:45am Lessons	11:00am- 12:00pm AquaHab	10:00-10:30am Member Use	9:00am- 1:00pm Lessons	9:00am- 1:00pm Lessons
10:30am					10:30am- 1:00pm Group Fitness		
11:00am							
11:30am	11:45-1:45pm Group Fitness	12:00-4:00pm Member Use		12:00-2:30pm Member Use	1:00-2:00pm AquaHab	1:00-4:00pm Member Use	1:00-4:00pm Member Use
12:00pm							
12:30pm							
1:00pm							
1:30pm	3:00-4:00pm Member Use		3:00-4:00pm Member Use		2:00-6:00pm Member Use		
2:00pm							
2:30pm	4:00-7:00pm Lessons	4:00-7:00pm Lessons	4:00-7:00pm Lessons	2:30-6:30pm Lessons	6:30-7:30pm AquaHab	4:00-10:00pm Family Swim	4:00-10:00pm Family Swim
3:00pm							
3:30pm							
4:00pm	8:00-10:30pm Member Use	7:00-10:30pm Member Use	8:00-10:30pm Member Use	7:30-10:30pm Member Use	6:00-10:00pm Family Swim		
4:30pm							
5:00pm							
5:30pm							
6:00pm	7:00-8:00pm AquaHab		7:00-8:00pm AquaHab				
6:30pm							
7:00pm	8:00-10:30pm Member Use	7:00-10:30pm Member Use	8:00-10:30pm Member Use	7:30-10:30pm Member Use	6:00-10:00pm Family Swim		
7:30pm							
8:00pm							
8:30pm							
9:00pm	8:00-10:30pm Member Use		8:00-10:30pm Member Use				
9:30pm							
10:00pm							

- The scheduled group has preference however, members or lessons may also utilize pool at other times.
- Member use is for members 16 years and older or children five and under when accompanied by an adult in the pool.
 - Children ages 5 & under may use the therapy pool at any time WITH an adult
 - During Member Use/Family Swim time, the jets may be used at discretion
- While AquaHab is using the therapy pool, there will be no family swim, lessons or therapy use