

dance

2016-17



September 6—May 27 (No class: November 23-27; December 26-January 2; April 10-16)

updated September 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:30 am	Pre-Ballet/Tap Ages 3-4 Studio 4		INT Belly Dance Adult Studio 4	Pre-Ballet/Tap Ages 3-4 Studio 4	Ballet Adult Studio 4	9:00 am Ballet/Tap Ages 5+ Studio 4 10:00 am Level I Tap Ages 6+ Studio 3 Level I Modern/Lyrical Ages 6+ Studio 4 11:00 am Pre-Ballet/Tap Ages 3-4 Studio 3 Level I Hip Hop Ages 6+ Studio 4
10:30 am	Ballet/Tap Ages 5+ Studio 4	Pre-Ballet/Tap Ages 3-4 Studio 4		Ballet/Tap Ages 5+ Studio 4		
11:30 am		Tap Adult Studio 3				
12:30 pm						
1:00 pm				Pre-Ballet/Tap Ages 3-4 Studio 4		
4:00 pm	Ballet/Tap Ages 5+ Studio 4	Pre-Ballet/Tap Ages 3-4 Studio 4				REGISTRATION Member: August 22 Online 6:00 am Walk-in 9:00 am <i>Family Plus Programs</i> Memberships are allowed to participate in 3 youth programming classes per week. No more than two in the same program. Members taking additional Youth Program classes must wait until the General Public registration date and pay the General Public Rate. General Public: August 29 Walk-in 9:00 am COST *Please inquire with the Program Desk for the Disney "Dance Around the World" pricing. Family Plus Programs Membership Free; plus \$40 reg fee* *Does NOT include recital tickets. General Public \$75 per month* *Price includes 1 class. \$20 per additional class will be added on to the monthly fee. Does NOT include recital tickets. Refunds will not be given at any time for programs cancelled by participants. CREDITS Will be given with a doctor's note. Any cancellations after the start of the session will not receive a refund
4:30 pm		BEG Hip Hop Ages 5+ Studio 3	Level II Ballet Ages 7+ Studio 4		Musical Theater Ages 6+ Studio 3	
5:00 pm	Pre-Ballet/Tap Ages 3-4 Studio 3 Dance Pre-Team Ages 6+ Studio 4	Level I Modern/Lyrical Ages 6+ Studio 4		Ballet/Tap Ages 5+ Studio 3 Pre-Ballet/Tap Ages 3-5 Studio 4		
5:30 pm		Level I Hip Hop Ages 6+ Studio 3	Pre-Ballet/Tap Ages 3-5 Studio 3 Level II Jazz Ages 7+ Studio 4		Pre-Ballet/Tap Ages 3-5 Studio 3 BEG Hip Hop Ages 5+ Studio 4	
6:00 pm	Level I Tap Ages 6+ Studio 3			Level II Tap Ages 7+ Studio 3		
6:30 pm			Level I Ballet Ages 6+ Studio 3		Boys Hip Hop Ages 6+ Studio 3 Level II Modern/Lyrical Ages 7+ Studio 4	
7:00 pm		Level III Hip Hop Ages 8+ Studio 4		Level II Hip Hop Ages 7+ Studio 3		
7:30 pm	INT Belly Dance Adult Studio 3 Dance Team Ages 7+ Studio 4	BEG Belly Dance Adult Studio 3	Performance Belly Dance Adult Studio 3 (Invitation Only)	Dance Team Ages 7+ Studio 4		
8:00 pm				Ballet Adult Studio 3		

dance Guidelines and Descriptions



BALLET 50 MINS
Traditional ballet training, students learn concentration and endurance and become proficient in fundamental dance movement and ballet technique. Each class includes barre exercises, center floor work, and across-the-floor combinations. As students progress through each level curriculum will become increasingly more complex and intricate.

- Level I (Ages 6+):** No pre-requisites
- Level II (Ages 7+):** Level I Ballet. *Instructors will determine class level placement.*
- Level III (Ages 8+):** Level II Ballet. *Instructors will determine class level placement.*

BALLET/TAP | AGES 5+ 50 MINS
Beginner elements of ballet and tap skills, terminology, rhythm, and coordination are taught, practiced, and developed. Each class includes barre exercises, center floor work, and across-the-floor combinations. This is a combination class including ballet and tap technique.

DANCE TEAM 50 MINS
This is a team that will be performing and competing throughout the year. This class includes Jazz, Modern/Lyrical, Hip Hop and POM. POM is a class designed to introduce dancers to the basics of proper jazz dance technique while including the sharp synchronized movements and visual effects of working with pompoms! There are two classes a week and both translate into competitive performance styles. Class curriculum will include a warm-up and stretches, jazz, kickline, turn, leap, jump and Pom technique with concentration on complete and correct execution of motions. We will create fun, high energized routines with and without Poms. Two costumes will be purchased for Team along with warm-ups. This class is held 2x per week.

Prerequisite: Dance Pre-Team. *Dance Team placement is based off of audition and is determined by instructors.*

DANCE PRE-TEAM | AGES 6+ 50 MINS
Are you interested in joining the NAC Dance Team next year? This class will help prepare dancers for NAC Dance Team tryouts. Throughout the year, dancers will learn a variety of styles of dance. The focus of this high intensity class will be to improve skill and form.

HIP HOP 50 MINS
These dynamic, upbeat classes teach hip hop technique and choreography. Dancers develop rhythm, coordination, and self-expression. They will learn things such as isolations and contractions.

- BEG (Ages 5+):** No pre-requisites
- Level I (Ages 6+):** No pre-requisites

- Level II (Ages 7+):** Level I Hip Hop. *Instructors will determine class level placement.*
- Level III (Ages 8+):** Level II Hip Hop. *Instructors will determine class level placement.*

JAZZ 50 MINS
Focus is on learning proper dance technique such as isolations of the body, improving performance quality and developing complex rhythms and patterns. Students will be exposed to various styles of jazz such as Broadway, Street and Contemporary to help develop a well rounded dancer. Class curriculum is based on ballet technique layered with traditional jazz movement and includes a proper warm-up, stretches, isolations, across-the-floor progressions, and combinations. As students progress through each level curriculum will become increasingly more complex and intricate.

- Level I (Ages 6+):** No pre-requisites
- Level II (Ages 7+):** Level I Jazz *and* Level I Ballet. *Instructors will determine class level placement.*
- Level III (Ages 8+):** Level II Jazz *and* Level I or II Ballet. *Instructors will determine class level placement.*

MODERN/LYRICAL DANCE 50 MINS
Lyrical/Modern dance is a fusion of ballet and jazz, with expressive motions that tell a story. Students will learn Lyrical technique along with how to express emotion through movement.

- Level I (Ages 6+):** No pre-requisites
- Level II (Ages 7+):** Level I Modern/Lyrical *and* Level I Ballet. *Instructors will determine class level placement.*
- Level III (Ages 8+):** Level II Modern/Lyrical *and* Level I Ballet. *Instructors will determine class level placement.*

MUSICAL THEATER | AGES 6+ 50 MINS
This fun class includes acting, singing and props. It is a jazz based class that explores Broadway musicals and some will be performed. Characters are developed and studied. This class helps improve and teach confidence and personality.

TAP 50 MIN
Children will focus on learning the technique and terminology. Each class will include centre floor work, across-the-room exercises and putting the steps together into combinations, all while working on speed and accuracy of the steps. They will learn steps such as shuffles, heels, tips, shuffle ball changes and many more! As the dancers progress they will focus on faster and more intricate footwork. Dancers at the higher levels will develop speed, clarity, dynamics, and the ability to execute complex rhythmic combinations. Students will put the fundamentals to work by learning new steps, rhythms, patterns, and combinations.

- Level I (Ages 6+):** No pre-requisites
- Level II (Ages 7+):** Level I Tap. *Instructors will determine class level placement.*
- Level III (Ages 8+):** Level II Tap. *Instructors will determine class level placement.*

PRE BALLET/TAP | AGES 3-4 50 MINS
Basic elements of ballet and tap skills, terminology, rhythm, and coordination are taught, practiced, and developed through creative movement and music. Each class includes barre exercises, center floor work, and across-the-floor combinations. This class also includes basic acro techniques and skills. This is a combination class including ballet and tap technique.

PRE-POINT | AGES 7+ 50 MINS
This class is open to students who have a strong background in ballet and is interested in dancing on pointe. Dancers will work on staying up on releve while doing ballet steps and moves.

Prerequisite: Ballet Level 1 and must be taking a Ballet class

DRESS CODE: All hair must be pulled back in a tight, secure ponytail. No jewelry, such as necklaces or large hoop earrings, may be worn.

Pre-Ballet/Tap, Ballet/Tap, Ballet (all levels), Pre-Point: Leotard (preferably black), tights (preferably pink), and pink split sole ballet shoes.
Pre-ballet/Tap may wear skirts with their leotards and tights.

Tap (all levels), Jazz (all levels), Musical Theater, Dance Pre-Team & Team, Disney Dance: Leotard and tights. Tap shoes: black; Jazz shoes: tan split sole slip-on; Musical Theater: jazz shoes or character shoes; Disney Dance: character shoes, tap shoes and ballet shoes.

Modern/Lyrical: Leotard and convertible tights, mesh lyrical half shoe or no shoes.

Hip Hop: Comfortable clothes you can move in (stretch pants, sweatpants, t-shirt, sweatshirt, etc.), black hip hop sneakers.

***All classes may wear black dance shorts with leotards.**

AGE POLICY

If you feel your child is at a higher performance level than the age indicated next to the dance level, please make an appointment with our dance coordinator, Amanda Kimble, for a level evaluation at 215-968-0600 x131 or dance@newtownathletic.com.

PARENT RESPONSIBILITY

An adult must escort all children to the Dance studio. No one is permitted in the Dance studio prior to class time. Any child originally from Kids Club will be taken back after class unless you receive a pick-up pass from the Kids Club, all others must be picked up promptly after class by a parent. The Dance instructors are not responsible for your child once the class has ended.

ATTENDANCE POLICY

If your child misses two classes in a row without notification, she/he will be dropped from the class. Please send us an email for any absences.

attendance@newtownathletic.com