



NAC Program Desk Ext.112
programs@newtownathletic.com

Tae Kwon Do Office Ext.232

Tae Kwon Do Director: Grand Master Smith
tkd@newtownathletic.com

Tae Kwon Do 2011-2012 Session

September 6th - August 25th

No Classes: Sept. 30, Oct 31 (no classes after 3pm), Nov 8, Nov 23-27, Dec 24-Jan 2, Jan 16, Feb 20, April 2-7, May 28, July 4

4-6 Years (White-Yellow Belt) - Preschool Program

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---------------------------------|---------|-----------|----------|--------|----------|
| 10:15-11:00am Youth Studio 1 | | | | | |

5-8 Year Olds* (White, Yellow, and Green Belts) *age 4 and under by invitation, see Master Smith

Sparring and forms are included in these classes. 2-3 classes a week are suggested.

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---------------------------------|---------------------------------|---------------------------------|---------------------------------|---------------------------------|----------------------------------|
| 5:00-6:00pm Youth Studio 1&2 | 5:00-6:00pm Youth Studio 1&2 | 5:00-6:00pm Youth Studio 1&2 | 5:00-6:00pm Youth Studio 1&2 | 5:00-6:00pm Youth Studio 1&2 | 9:00-10:00am Youth Studio 1&2 |

9-12 Year Olds (White - Red Belts)

Sparring and forms are included in these classes. 2-3 classes a week are suggested.

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---------------------------------|---------------------------------|---------------------------------|---------------------------------|---------------------------------|-----------------------------------|
| 6:00-7:00pm Youth Studio 1&2 | 6:00-7:00pm Youth Studio 1&2 | 6:00-7:00pm Youth Studio 1&2 | 6:00-7:00pm Youth Studio 1&2 | 6:00-7:00pm Youth Studio 1&2 | 10:00-11:00am Youth Studio 1&2 |

Adults (13+) and Family Classes (All Belt Levels)

Sparring and forms are included in these classes. 2-3 classes a week are suggested.

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-------------------------------|---------------------------------|-------------------------------|---------------------------------|-------------------------------|----------------------------------|
| | 10:00-11:00am Youth Studio 1 | | 10:00-11:00am Youth Studio 1 | | |
| 7:00-8:15pm Youth Studio 1 | 7:00-8:15pm Youth Studio 1 | 7:00-8:15pm Youth Studio 1 | 7:00-8:15pm Youth Studio 1 | 7:00-8:15pm Youth Studio 1 | 11:00-12:15pm* Youth Studio 1 |

Tournament Class* (All Ages, All Belt Levels) *by invitation only

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|---------|---|--|--------|--|
| | | 5:15-6:00pm Weapons* Youth Studio 2 | 6:00-7:00pm Red Belt Class Youth Studio 2 | | 9:30am-12:00pm sparring, forms, & breaking* Youth Studio 2 |
| | | 6:00-7:00pm Weapons* Youth Studio 2 | 6:30-7:30pm Youth Black Belt Youth Studio 2 | | |
| | | 7:00-8:00pm Weapons* Youth Studio 2 | | | |

Belt Testing Date: November 5

February, May, August Belt Testings - To Be Announced

IMPORTANT NOTE:

When registering online, please register for any TKD class under the Master Class, which is listed as "TKD All Ages/Levels".