



FULL DAY CAMPS 9:00AM-3:00PM AGES FROM: 5-12

- All full day camps will have a recreational swim during their camp week, so please remember to pack a swim suit (no towel).
- To see what equipment is required, and the attire for camp, check out the camp website www.CAMPNAC.com
- All full day camps must bring a morning snack, lunch (if not purchasing the lunch package) and 2 beverages (a water bottle and drink with lunch.)

June 11-Aug 31

CAMP NACSTER Ages 5-12

*See page 7 for more information



Don't feel like making lunch? Sign up for our lunch package details on page 13.

June 18-22

GYMNASTICS Ages 5-12

Come join us and have a FUNtastic time bouncing, rolling, and cartwheeling through the week. All levels welcome. Learn all your favorite skills on Trampoline, Floor Exercise, Uneven Bars, Vault, Balance Beam, Rings, Mini Trampoline and Rope. In addition to gymnastics, we will be making crafts, baking treats, playing games, swimming and so much more.

SOCCER Ages 6-12

Your young soccer players will be evaluated and then have the chance to play and do drills that are age and skill-level appropriate. We will introduce and reinforce the fundamentals of the game through skill challenges, game scenarios, and scrimmages. Coaches will bring campers a truly exciting experience that fosters all of the qualities that make this sport so popular.

June 25-29

HIP HOP Ages 6-12

Join this high-energy camp that combines the latest in hip hop music, break dance and fluid movement with today's hottest choreography. A performance at the end of the week is also included. Each week of Hip Hop camp will have a different theme!

NEW

JUST DESSERTS (9:00AM-1:00PM) Ages 7-12

This camp is all about making yummy, healthy treats that are fun to eat! From cookies, cupcakes, muffins and fudge, each day you will learn the proper measuring techniques and ingredients needed to prepare a variety of delicious desserts that are also nutritious. And, at the end of the week, we will hold a friendly bake-off featuring special guest chef judges! This is one lip-smacking week of camp you don't want to miss!

July 2-6 (discounted rate - no camp July 4)

MUSICAL THEATER DANCE Ages 6-12

Be a gleek for a week! Inspired by the hit TV show Glee, this camp will allow you to experience what it's like to be a part of the Glee Club! We will learn the songs and dances of your favorite Glee characters and prepare for the big performance at the end of the week!

July 9-13

CAMP ROCKSTAR Ages 6-12

Come see how to rock out like Selena Gomez! This week, you will learn some of Selena's signature moves, increase your stage presence through dancing, singing, fun exercises and games to familiarize yourself with varied types of music.

NEW

COOKING ADVENTURE CAMP Ages 7-12

Attention chefs! Each day in camp, you will be preparing your favorite foods with a healthy spin - pizza, pasta, and so much more! There is no need to pack a lunch or snack, but please bring a beverage/water bottle. Campers will also swim daily and participate in a group exercise activity like Zumba, Yoga or TKD. This is by far the most delicious and fun camp we offer!

MCC GOLF (8:00AM-1:00PM) Ages 8-12

This camp is a week designed to teach and improve every young golfer's game. Campers will be under the instruction of Mike Duda. Camp takes place on the PGA Golf Course of the beautiful Middletown Country

Club (MCC) in Langhorne, PA. Driving, chipping, and putting will be emphasized at drill stations each morning. In the afternoon, campers will enjoy a recreational swim at MCC. Equipment required: driver, iron, putter, golf bag. Attire: golf shoes (optional), collared golf shirt, khaki shorts, clean hat or visor. Please bring swimsuit and towel. This camp does not offer AM or PM Care/Lunch or transportation. Campers are to meet at the MCC gate entrance of the rear parking lot. In the event of rain, Golf Camp will be moved to the NAC for indoor drills. A representative from camp will call to confirm changes for the day.

July 16-20

NEW

BEGINNER BASKETBALL Ages 6-10

Learn the fundamentals of basketball in a fun, non-competitive environment under the supervision of Christian Burns, former NCAA Division II National Player of the Year. Campers will work on their passing, dribbling, defense, shooting and more! If you are looking for a skill-building camp that is fun, then this is it! A recreational swim is included a few days this week.

NEW

SPACE - INFINITI & BEYOND Ages 6-12

Students explore the mysteries of the solar system and the science behind air & space travel. Children discover not only how astronauts get into space, but also how they live and work once they get there. In this advance space program, we will investigate unique flying machines, including building balloon-copters, boomerangs and a mini hovercraft as take home projects for the children. Most importantly, they learn first-hand about the aerodynamic properties of flying machines by building their own Estes® model rockets! Once the rockets are completed, children will blast off on a real Mad Science space mission Live Rocket Launches! This Mad Science Camp is Out Of This World!!

July 23-27

NEW

INTERMEDIATE - ADVANCED BASKETBALL Ages 8-12

Take your game to the next level! This camp is for the more serious player who wants to hone their basketball skills. Players will strengthen their game through well-designed drills, scrimmages and contests run by experienced player Christian Burns, former NCAA Division II National Player of the Year. This camp provides the ideal balance between the fundamentals and skills needed to gain a competitive edge!

HIP HOP Ages 6-12

*See description page 10

MCC GOLF (8:00AM-1:00PM) Ages 8-12

*See description page 10

July 30-Aug 3

MYTH BUSTERS Ages 6-12

Inspired by the popular TV show, the Myth busters will explore some popular questions and myths. We will design experiments and bust some myths. Can water travel uphill? Can you make a square bubble? Can voices travel on a string? Are we blind in our blind spot? Does the sun make you sneeze? Come and stretch your mind while having fun with science. We will spend time each day swimming and playing in the gym as well. Bring your favorite science questions and your thinking cap!

Aug 6-10

GYMNASTICS Ages 5-12

*See description page 10

SPORTS OF ALL SORTS Ages 6-12

Sports of all Sorts is an engaging change of pace where campers will enjoy sports like Basketball, Volleyball, Soccer, Kickball, Flag Football, and more! They will also have time to enjoy the pool and gymnasiums while enjoying outdoor activities as well. Activities are age appropriate to allow campers to compete and participate in an environment that will foster an appreciation of fitness and play.

Aug 13-17

NEW

RADICAL REACTION & DETECTIVE SCIENCE Ages 6-12

In this week-long program, campers will have tons of fun mixing up potions and experimenting with all kinds of chemical reactions! Our young chemists will grow crystals, create sidewalk chalk, and even make chromatography T-Shirts to take home. Students will also become science sleuths as they investigate how chemistry provides evidence at the scene of a crime. During this hands-on detective work, children will gather & test "crime scene" clues, make & analyze their own fingerprints, make Rainbow Stompers & much more! This Mad Science Secret Agent Lab is 00-AWESOME!

TAE KWON DO Ages 5-12

This camp is under the direction of Grand Master Robert Smith, Tae Kwon Do 8th Degree Black Belt. Students of all levels are welcome and will be working on blocks, kicks, punches, and forms. This is a great way to try out Tae Kwon Do if you are thinking of registering in the Fall! Introduce your child to this disciplined sport and watch them learn self-control and perseverance.

Aug 20-24

GYMNASTICS Ages 5-12

*See description page 10