



# Dance

Free student evaluations, see Program Director for details.

## September 6th — May 19th

### Registration (Ends: 12/31/2011)

Online Member: August 15th (See Program Desk for password activation)

Member walk in: August 22nd

General Public walk in: August 24th

- This Dance session is a 9 mon commitment, dancers are strongly suggested to stay in their same class for the length of the session. Dancers can not switch classes after 12/31/11.
- We strongly suggest Dancers over the age of 7 take 2 classes per week.
- Age Groups: If a Dancers birthday falls on or before 12/31, they have the option to register in the next age group, if instructor approves.

### Cost

**Members w/ Family Plus Programs Membership:** Free, plus Reg Fee

Ages 3-12yrs: \$45 Reg Fee for the session (Sept-May) (non-refundable)

Adults/2yrs: \$20 Reg Fee for the session (Sept-May) (non-refundable)

-Members 6 and under are allowed 1 class per week. If interested, Members may take a second class, but must register with General Public at General Public rate.

-Members 7-12 are allowed 2 classes per week with 1 registration fee. Registration for the second class must be on the General Public registration date. If interested, Members may take a third class, but must register with General Public at General Public rate.

-Members ages 13-Adult are allowed unlimited classes per week with 1 registration fee. Any classes in addition to the 1<sup>st</sup> class must register with the General Public.

### General Public:

One Class a week: \$40/month for 30-35 min class + Reg Fee

\$45/month for 40+ minute class + Reg Fee

Two Classes a week: \$85/month 45+ minute class + Reg Fee

Three Classes a week: \$100/month 45+ minute class + Reg Fee

### Registration Fees:

Ages 3-12: \$55 Reg Fee for the session (Sept-May) (non-refundable)

Adults/2yrs.: \$30 Reg Fee for the session (Sept-May) (non-refundable)

-Classes are paid for on a monthly basis. Credit cards are required for all payments. September to April (Note: Payments are automatically withdrawn from account or credit card on the 18th of each month. September will have 2 charges (one for Sept. and on Sept 18 for Oct.)

\*Refunds will not be given at any time for programs cancelled by participants. Credits will be given with a doctor's note. Any cancellations after the start of the session will not receive a refund or credit.

### Special Programs for Dance

**Gymnastics & Dance Sleepovers** 8:00pm-8:00am (Ages 5+)

November 18 February 24 April 27

Members: \$30 (+3 Reg Fee), General Public: \$40 (+5 Reg Free)

**Musical Theater Dance Camp** 9:00am-1:00pm (Ages 4-9)

November 23 & 25

Members: \$20 per day, \$35 for 2 days, (+3 Reg Fee), General Public: \$30 per day, \$55 for 2 days (+5 Reg Fee)

**Musical Theater Holiday Dance Camps** 9:00am-1:00pm (Ages 4-9)

December 26,-29

Members: \$20 per day, \$75 for all 4 days (+5 Reg Fee), General Public: \$30 per day, \$115 for all 4 days (+5 Reg Fee)

**Musical Theater Spring Break Camps** 9:00am-1:00pm (Ages 4-9)

April 2-5 (4 days)

Members: \$20 per day, \$75 for all 4 days (+3 Reg Fee), General Public: \$30 per day, \$115 for all 4 days (+5 Reg Fee)

**Girls Scouts Hip Hopercise** (call to book your troop's date & time) Ages 6-13

Members: \$10 (+3 Reg Fee), General Public: \$15 (+5 Reg Fee), 2nd child discount \$6 (+5 Reg Fee)

### Dance Recital: TBA

The Spring Dance Recital has become an annual event. All classes for ages 3 & up will perform in the recital. Classes for age 2 will not be perform they will have an in house recital. It is strongly suggested that each participant planning to perform in the show attends class each week to prepare for the recital, to improve their skills and develop their talent to the fullest potential.

### Parent Responsibility

An adult must escort all children to the Dance studio. No one is permitted in the Dance studio prior to class time. Any child originally from Kid's Club will be taken back after class unless you receive a pick-up pass from the Kid's Club, all others must be picked up promptly after class by a parent. The Dance instructors are not responsible for your child once the class has ended.

### Attendance Policy

If your child misses two classes in a row without notification, they will be dropped from the class. Please call the Dance office for any absences.

### Attire

It is important to wear proper dance clothing to enable the instructor to observe & correct the students. All ballet shoes must have elastic attached, this is important for safety. Any extra clothing must be removed. All jewelry must be removed, exception stud earrings.

All students must have hair secured in a bun or ponytails.

**Pre-Ballet, Ballet, Creative Dance:** Solid color leotard pink or black, pink tights and pink ballet slippers.

**Pre-Ballet/Tap, Ballet/Tap:** Solid color leotard pink or black, pink or flesh colored tights, black tap shoes & pink ballet slippers. For young children, please remove the ties from the shoes & replace with elastic.

**Hip Hop/Break Dancing:** Bring your own style to class with you. Please remember to wear dance sneakers or jazz shoes. NO JEANS.

**Tap:** Black leotard, flesh tights and black tap shoes. For young children, please remove the ties from the shoes and replace with elastic.

**Jazz:** Black leotard, tights or black jazz pants. Jazz shoes are required. **Musical Theater Dance:** Dancer will need black yoga or jazz pants and a tank top or fitted t-shirt. Jazz shoes are required.

**Boys:** Any comfortable t-shirt and/or sweatpants along with the appropriate shoes. (i.e. tap, ballet, bare feet or dance sneakers)

**Me & My Shadow/Tiny Two's:** Dance clothes are not required. However, a leotard with tights (any color) and pink ballet slippers would be best.

**Irish Step Dance:** Dance clothes are not required, comfortable clothes that you can move in are recommended. After 4 weeks of class every child will be required to have gillie shoes (Irish Dancing shoes), please see instructor for more details.

### Class Descriptions

\*Please note the specific curriculum differs depending upon the instructors.

**Creative Dance:** This will include elementary ballet technique and motor skills that are developmentally appropriate. Classical music will be an integral part of this program, as well as the use of scarves, ribbon wands, musical instruments and a myriad of magical props! It introduces the dancer to the basic foundation of movement by exploring rhythm, balance and an overall body awareness.

**Me & My Shadow:** This class is for children 2 years of age and a significant adult.

This class focuses on improving motor skills and learning elementary dance techniques. Dance techniques are taught through movements that are already familiar to a young child. The emphasis will be on self-expression and movement exploration.

**Tiny Two's** is a class designed for the 2-year-old dancer. This 30-minute class will introduce the "tiny" dancer to the proper etiquette of class without a parent. Movement games will be played to advance their motor skills and prepare them for the next level of our dance program.

**Pre-Ballet and Pre-Ballet/Tap:** This class is for those students who have little or no dance experience. They will learn the basic ballet positions and movements from barre to floor work.

**Ballet:** This class is for the student with at least one year in an introductory ballet class. This is a progressive curriculum. They will learn the basic ballet positions and movements from barre to floor work. This class will not only improve flexibility and posture, it will also tone the body. Adult classes available!

**Oh Boys:** A creative movement class designed especially for active boys! This class maintains the structure of a traditional dance class with a warm up, stretching, imaginative center work, and corner to corner moves.

**Jazz** is a more contemporary, and a faster paced dance style. The dancer will explore how the body negotiates weight shifts with isolated body movements and coordination as well as introducing leaps and jumps. Adult classes available!

**Ballet/Tap:** This class is suggested for the young student who has had a pre-ballet class. Elementary tap is included. See Ballet and Tap descriptions.

**Tap:** Learn how to create sounds and rhythms through various steps and combinations. Become part of the rich history of Tap dancing and have a blast making some noise. Each student is taught age and experience appropriate routines that are challenging and just plain fun. Tap shoes required. Advanced classes based on teacher recommendation only. Beginner/ Intermediate and Adult Classes Available!

**Hip Hop:** A basic hip hop class that will build on combinations and keep you mov'n and groove'n to upbeat music. Some previous dance experience is suggested but not required. This class combines current POP, house, and hip hop music styles with correlating choreography. Adult classes available!

**Musical Theater Dance:** This class will explore a musical theater experience. Students will learn theater movement dance & sing songs. Come join us to learn how to sing and dance like you're in High School Musical or like a Disney Princess.

**Break Dancing:** In this class, dancers will be learning Hip Hop dance styles along with break dancing moves. Children will be working on floor work, jumps, and flexibility. Open to all levels no experience necessary.

**Irish Step Dance:** Introduction to Irish Dance. Beginners are introduced to the fundamentals of Irish Dance and will learn traditional reel and jig steps. Good fun and great exercise.

**Belly Dancing:** This class is a full body workout that incorporates both strength and flexibility along with beautiful flowing movements. The class consists of core isolation drills, basic dance movements, and easy to follow choreography patterns that will have you dancing in no time.

### Dance Class Levels:

#### I—Beginner Classes

**II—Beginner-Intermediate Classes:** Dancer must have at least 1 year experience and be recommended by an instructor. If Dancer is not ready for Level II the instructor will suggest another class that will benefit the dancer.

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